

Bub Hub Quick List of Useful Numbers for Parents

Emergency

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Karitane (24 hr)

1300 227 464

Tresillian (24 hr)

02 9787 0855

1800 637 357 (outside Sydney)

Medicines Line

1300 MEDICINE (1300 633 424)

Pregnancy Support

1300 792 798

ABA (24 hr)

1800 6862 686

Kidsafe NSW

02 9845 0890

Poisons Info Centre

13 11 26

SIDS & Kids

1300 308 307

Playgroup Australia

1800 171 882

healthdirect Australia

1800 022 222

pregnancy, birth, baby line

1800 882 436

Your Local Information

Doctor:

Police:

Fire Brigade:

Hospital:

Maternal & Child Health Ctr:

Playgroup:

Others:



www.bubhub.com.au
pregnancy, parenting and beyond

