

Product most recommended by doctors for the appearance of scars and stretch marks.*



“When you fall pregnant it’s like there are a million products to choose from but you trust other mothers. When they say this or that product is the best, you try it. That’s how I discovered Bio-Oil. I used it everywhere and I didn’t get any stretch marks. I sent five bottles to my friend when she was pregnant and she was still asking me to send some more. All my friends are addicts now.”

Jessica with Lili

Bio-Oil® helps reduce the possibility of pregnancy stretch marks forming by increasing the skin’s elasticity. It should be applied twice daily from the first trimester.

For comprehensive product information, and details of clinical trials, please visit bio-oil.com. Bio-Oil is available at pharmacies and selected retailers at the recommended selling price of \$14.95 (60ml), \$24.95 (125ml) \$34.95 (200ml). Individual results will vary.



*Colmar Brunton, 2010.

TRANSPORT ESSENTIALS

Rebecca Galton of bubhub.com.au gives us her top picks of all the prams and car seats on the market

Prams



Baby Jogger City Elite, \$899.95, www.babyjoggerstrollers.com.au

+ The all-terrain Baby Jogger City Elite is perfectly suited to the Australian environment. Take it off-road, to the beach or a shopping centre and it will handle beautifully. It has a large sunshade and plenty of ventilation, is easy to clean and comes in a range of sporty colours. The Baby Jogger will suit from day one as, unlike similar prams, the seat and footrest recline to an almost horizontal position.



Steelcraft Strider Plus Travel system, \$699.95, www.striderplus.com.au

+ Is there anything the Steelcraft Strider Plus can't do? Buy the complete system and you'll have a forward-facing stroller, a rear-facing pram with a bassinette, a double pram that will fit down supermarket aisles and a four-star-rated car capsule that clips onto your pram. Parents love it because it is durable, sturdy, easy to manoeuvre and can change as your family grows.



Bugaboo Cameleon, \$1599.95, www.bugaboo.com

+ If you want to turn heads you'll do it pushing this top-of-the-range pram, a favourite among celebrities including Gwyneth Paltrow, Matt Damon and Naomi Watts. It's an all-in-one system that can face forwards or backwards, includes a bassinette for newborns, has a height-adjustable handlebar and can even convert to two-wheeled mode to glide over snow (not very useful here, but still cool!).

Car seats



Peg Perego Primo Viaggio, \$449.95, global.pegperego.com/au-en

+ It has all the style and sophistication you'd expect from an Italian-made baby capsule, but this seat isn't just a pretty face. It consistently rates high for safety and conveniently snaps onto any Peg Perego pram, a priceless feature when transporting a sleeping newborn. The Peg Perego comes in an array of colours and can be used with other prams if you buy a specific adapter.



Safe-n-Sound Meridian AHR Tilt & Adjust, \$569.95, www.britax.com.au

+ Bring your baby home from hospital in this car seat and you could be dropping him off at preschool in the same seat four years later. This popular car seat, with added side-impact protection, converts from a rear-facing infant seat to a forward-facing child seat. You can also have your baby in the safer rear-facing position until they are 12kg, unlike most other brands, which only go up to 9kg.



Safe-n-Sound Baby Safety Capsule, \$279.95, www.britax.com.au

+ What it lacks in style, this capsule makes up for in safety. With a four-star rating on the 2010 Child Restraint Evaluation Program, this is one of the safest ways to transport a newborn. It's also one of the most convenient. There's no need to wake your sleeping baby – just remove the entire capsule and carry it inside. But consider hiring it, as your baby will outgrow it before they hit 9kg. **b**